## FULLNESS OF LIFE COACHING/CONSULTING Receive support during crucial transition & transformative times

### Widen Your Perspective on the Path Ahead

Martin Francisco Muller, Founder, "Polaris Education & Guidance Services Inc". Manager, "Rudramandir Center for Healing & Spirituality" (closed)

"My services employ a range of modalities including: Integral Coaching, NLP, Hypnotherapy, Mindful and Experiential Practices... informed by the authentic experience of this man's life journey, and appreciation for the radical humor at the heart of it all."

## Spirituality & Meaning

- Spiritual Friendship
- Experiential Practices
- "Neuroscience meets Spirituality"

# Crucial Transitions

- Career Change
- Mid-Life
- Retirement
- Elderhood
- Caregiving

### **Cultural Fluency**

- "Men of Color"
- Bilingual (Spanish)

# Getting Started

### Schedule a no-cost mutual appraisal

I'll readily acknowledge if we're not a good fit and will refer you to the next right thing.

## CONTACT US

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